

## \*OUTFITS\*

YOU SHOULD PLAN TO BRING SEVERAL OUTFITS TO YOUR PHOTO SESSION IN A VARIETY OF COLORS, NOT JUST YOUR FAVORITE COLOR. FEEL FREE TO INCLUDE DIFFERENT STYLES, SUCH AS CASUAL, SEMI FORMAL, FORMAL OR OUTDOORS, SO YOU CAN TAKE SEVERAL PICTURES AND GET YOUR BEST SHOTS.

REMEMBER TO BRING ACCESSORIES FOR ALL OUTFITS, FROM FOOTWEAR TO JEWELRY AND HAIR ACCENTS FOR YOU GIRLS! SINCE SEVERAL FULL-BODY SHOTS ARE ALSO TAKEN, CHECK SHOES TO BE SURE THEY ARE CLEAN! (THAT FULL-BODY SHOT COULD END UP BEING YOUR FAVORITE POSE.)

KEEP YOUR CLOTHING VISUALLY SIMPLE.

TRY TO AVOID BRINGING OUTFITS WITH WORDS OR DESIGNS, STRIPES OR PICTURES, EXCEPT POSSIBLY YOUR SCHOOL LOGO.

SOLID COLORS ARE RECOMMENDED FOR MOST OR ALL OUTFITS. DARKER SHADES TEND TO MAKE PEOPLE LOOK SLIMMER. TRY NOT TO WEAR FLESH-TONE OR NEUTRAL COLORS SUCH AS WHITE, BEIGE, TAN, PALE PEACH OR PINK, OR GRAY, AS THESE CAN DOMINATE THE PICTURE AND MAKE YOU LOOK PALE AND WASHED OUT. FOR OUTSIDE PICTURES, WEARING COLORS THAT MATCH THE SEASON (SPRING, SUMMER, OR FALL) ARE BEST.

USE CLOTHING TO ACCENTUATE YOUR BEST FEATURES.

## \*MAKEUP\*

APPLY YOUR MAKEUP AS YOU NORMALLY LOOK ON A DAY-TO-DAY BASIS. BRING EXTRA POWDER TO REAPPLY DURING SESSION IF NEED BE.

## \*HAIR\*

GO WITH PRACTICED HAIR STYLES.

FRIENDS AND FAMILY PREFER TO REMEMBER YOU AS YOU LOOKED MOST OF YOUR SENIOR YEAR, NOT JUST DURING THE PERIOD WHEN YOU HAD YOUR PICTURES TAKEN.

## \*SHAVE\*

A FRESH SHAVE FOR GUYS IS RECOMMENDED, AND MUSTACHES OR BEARDS SHOULD BE NEATLY TRIMMED. IF YOUR SKIN IS SENSITIVE, MAKE SURE YOU DON'T SHAVE RIGHT BEFORE THE SESSION AS YOUR SKIN WILL BE RED OR BLOTCHY.

## \*DON'T WORRY ABOUT BLEMISHES\*

DON'T WORRY ABOUT A BLEMISH OR BRUISES. I CAN EDIT OUT THOSE IF NEEDED.

\* DON'T OVERDO THE TANNED LOOK\*

IT OFTEN LOOKS UNNATURAL IN PHOTOGRAPHS. TANNING RIGHT BEFORE THE SESSION COULD MEAN YOU LOOK TOO SHINY OR BRONZY OR HAVE RED SKIN WHICH IS VERY DIFFICULT TO EDIT. SPRAY TANS TEND TO LOOK VERY FAKE IN PHOTOGRAPHS AND EVEN APPEAR ORANGE.

\*GLASSES\*

IF AT ALL POSSIBLE, EITHER BUY OR BORROW A PAIR OF IDENTICAL FRAMES WITHOUT LENSES TO PREVENT GLARE AND REFLECTIONS FROM THE GLASS. WEAR CONTACTS OR NO GLASSES.

\*CHECK THOSE HANDS\*

LIKE SHOES, HANDS CAN SHOW UP IN SOME OF YOUR FAVORITE POSES, SO BE SURE TO TAKE THE TIME TO MAKE THEM CLEAN AND PRESENTABLE – GUYS SHOULD TRIM THEIR NAILS, AND GIRLS MIGHT NEED TO TOUCH UP THEIR MANICURE.

\*SMILE\*

BEFORE YOU GO TO THE PHOTO SHOOT, PRACTICE YOUR FACIAL EXPRESSIONS IN FRONT OF A MIRROR AT HOME. IT SOUNDS SILLY, BUT IT WORKS!

\*PERSONALIZE YOUR PHOTOS WITH PROPS\*

I INVITE YOU TO BRING FAVORITE PROPS TO THE SHOOT, SUCH AS SPORTS EQUIPMENT IF YOU ARE A TEAM PLAYER OR FAN, MUSICAL INSTRUMENTS, OR HOBBY ITEMS. YOU CAN EVEN BRING A FAVORITE PORTABLE PIECE OF FURNITURE, SUCH AS A LIGHTWEIGHT CHAIR OR STOOL.

USUALLY YOU CAN EVEN BRING YOUR PET, SIBLING, BEST FRIEND, BOYFRIEND/GIRLFRIEND OR PARENTS TO APPEAR IN SOME OF THE SHOTS WITH YOU.

\*BRING SOMEONE WITH YOU\*

BRING A FRIEND IF THAT PERSON CAN HELP MAKE YOU RELAX AND TAKE A NATURAL PICTURE.

THAT PERSON CAN ALSO HELP WITH CLOTHING CHANGES AND "DOUBLE CHECK" YOU WHILE YOU'RE BEING PHOTOGRAPHED TO MAKE SURE YOUR CLOTHING AND HAIR ARE STILL ON POINT. I WILL DO SO MYSELF, BUT I HAVE A LOT TO CONSIDER WHILE TAKING A PICTURE AND ANOTHER PAIR OF EYES CAN'T HURT! SAVES ME LOTS OF EDITING TIME AFTERWARDS!